



## Introduction to Mental Health Pharmacy Foundation Level Seminar Friday 26<sup>th</sup> June 2020 Wellington, NZ

### Including sessions on:

Mood disorders, anxiety and sleep disorders  
Psychosis, schizophrenia and clozapine  
Communication and working with people in mental health  
Q&A and panel discussion

### Cost:

SIG members: \$180 (discounted to \$150 if also attending the full weekend meeting)  
All others: \$200 (discounted to \$170 if also attending the full weekend meeting)

### OBJECTIVES

- Gain an understanding of the pathophysiology and presentation of the common mental health disorders
- Gain an understanding of the pharmacology of the commonly prescribed medicines used to treat mental health disorders
- Develop a more in-depth understanding of selected psychotropic medicines
- Gather skills in communicating medicines-related information to patients with mental health disorders

### What to expect:

A day dedicated to providing foundation skills in mental health pharmacy, taught by specialist mental health clinical pharmacists. The programme is best suited for pharmacists who are new to working in mental health or who have a special interest. This includes both hospital and community pharmacists.

If you're not sure if this day is right for you, please contact us and we'll be happy to answer any questions.

Kyra Sycamore (NZHPA Mental Health SIG Convenor)

[kyra.sycamore@cdhb.health.nz](mailto:kyra.sycamore@cdhb.health.nz)